



No-Bake Date "Macaroons"

A guilt-free, no-bake cookie made for munchin'

SERVINGS: About 12 PREP TIME: 10 min

TOTAL TIME: 45 min

Ingredients

1-1/2 cups pitted Medjool dates

1-1/2 cups unsweetened shredded coconut

1/4 cup raw almonds

2 Tbsp almond butter

1 Tbsp coconut oil if the dough is not sticking

1/2 cup shredded unsweetened coconut

1/2 cup dark chocolate

1/2 Tbsp coconut oil

Directions

Blend dough ingredients together in a food processor or high-powered blender. The dough should be grainy and chunky. Form the dough into balls, flatten with your hand or a small glass, and then poke a hole through the middle of each one using your finger or something small.

Freeze for 30 minutes.

Melt together dark chocolate and coconut oil. Using a fork, drizzle chocolate over cookies and freeze for another 15 minutes.

Store in the fridge or freezer.



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Recipe

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